

# St. Alban's Anglican Church

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BCP Third Sunday after the Epiphany  
January 21<sup>st</sup>, 2024  
8:30 am  
All Welcome.

January 21<sup>st</sup>, 2024, 8:30 am service – BCP Third Sunday after the Epiphany

*St. Alban's Anglican Church, Richmond, acknowledge with deep gratitude that we gather on the ancestral unceded lands of the Musqueam people, the hən'q'əmin'əm' language group. We acknowledge that the land on which we gather is God's land, and we seek today to live into reconciliation.*

*THE COLLECT.*

**ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

Minister.

OUR Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

**People. Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.**

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

*Then the Priest shall say:*

The Lord be with you;

**People. And with thy spirit.**

*THE COLLECT.*

*Collect*

Lord Jesus Christ, with those you called by the lakeside, **may we follow you, proclaiming the reign of God, and sharing your mission to bring good news to all; for you live and reign with the Father and the Holy Spirit, one God, now and for ever. Amen.**

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it. *Jonah 3.1-5*

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*Psalm 62: 5-12*

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***Refrain: In God alone my soul can find rest and peace, in God my peace and joy. Only in God my soul can find its rest, find its rest and peace.***

For God alone my soul in silence waits; \*

truly, my hope is in God.

God alone is my rock and my salvation, \*

my stronghold, so that I shall not be shaken. **R**

In God is my safety and my honour, \*

my strong rock and my refuge.

Put your trust in God always, O people, \*

pour out your hearts before the One who is your refuge.

Those of high degree are but a fleeting breath, \*

even those of low estate cannot be trusted.

On the scales they are lighter than a breath, \*

all of them together. **R**

*A Reading from the First Letter of Paul to the Corinthians*

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away. *1 Corinthians 7.29-31*

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*The Gospel*

Reverend Elizabeth Ruder-Celiz

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Jesus Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea - for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him. *Mark 1:4-11*

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Sermon*

Reverend Elizabeth Ruder-Celiz

**I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made:**

**Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father.**

**And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.**

**And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church.**

**I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.**

Offer unto God the Sacrifice of Thanksgiving and pay thy vows unto the most high.

The Priest prepares the table.

#### THE OFFERTORY

**BLESSED be thou, LORD God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.**

**All things come of thee, and of thine own have we given thee**

Let us pray.

#### THE INTERCESSION.

ALMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks, for all:

We humbly beseech thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord:

And grant that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness; and so to guide and direct their governors and rulers, that thy people may enjoy the blessings of freedom and peace:

And grant unto thy servant CHARLES our King, and to all that are put in authority under him, that they may truly and impartially administer justice, to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and specially to thy servant John our Bishop, that they may both by their life and doctrine set forth thy true and living Word, and rightly and duly administer thy holy Sacraments: Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations:

And to all thy people give thy heavenly grace, and specially to this congregation here present, that, with meek heart and due reverence, they may hear and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity, especially those for whom our prayers are desired.

We remember before thee, O Lord, all thy servants departed this life in thy faith and fear: and we bless thy holy Name for all who in life and death have glorified thee; beseeching thee to give us grace that, rejoicing in their fellowship, we may follow their good examples, and with them be partakers of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

**YE** that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God.

**ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all:  
We acknowledge and confess our manifold sins and wickedness, Which we from time to  
time most grievously have committed, By thought, word, and deed, Against thy Divine  
Majesty. We do earnestly repent And are heartily sorry for these our misdoings. Have  
mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us  
all that is past; And grant that we may ever hereafter Serve and please thee In newness of  
life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of  
sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you;  
pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring  
you to everlasting life; through Jesus Christ our Lord. **Amen.**

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. St Matthew 11. 28.

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him  
should not perish, but have eternal life. St John 3. 16.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to  
save sinners. 1 Timothy 1. 15.

Hear also what Saint John saith.

If any one sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the  
propitiation for our sins. 1 St John 2. 1, 2.

## THANKSGIVING AND CONSECRATION

THE Lord be with you;

**People. And with thy spirit.**

Priest. Lift up your hearts;

**People. We lift them up unto the Lord.**

Priest. Let us give thanks unto our Lord God;

**People. It is meet and right so to do.**

IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. THEREFORE, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.**

**BLESSED is he that cometh in the Name of the Lord: Hosanna in the highest.**

#### CONSECRATION

BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

**Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded;**



**And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion;**

**And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. AMEN.**

THE peace of the Lord be always with you;

**People. And with thy spirit.**

**WE do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies.**

**We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

O LAMB of God, that takest away the sin of the world, **have mercy upon us.**

O Lamb of God, that takest away the sin of the world, **have mercy upon us.**

O Lamb of God, that takest away the sin of the world, **grant us thy peace.**

## THE COMMUNION

Let us pray.

*Celebrant* In the words and languages closest to our hearts we pray the prayer Jesus taught us...

**OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

ALMIGHTY and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

**And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.**

*Gloria*

**GLORY be to God on high, and in earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty**

**O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.**

**For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

*Blessing*

*Dismissal*

Go in peace to love and serve the Lord.  
**Thanks be to God.**

**Prayers for the People January 21<sup>st</sup>, 2024**

- ✠ **For the World:** + As we look for wisdom in the world, wisdom in our homes, and wisdom in our hearts we pray for the World. We pray for peace around the world, especially in Ukraine and the Holy Land, -the land you took your first steps on, the place where you were shaped and formed, loved and taught. We pray for wisdom and courage for those whose decisions affect the lives and deaths of many.
- ✠ **For the Church:** + in the Anglican Communion: Week of Prayer for Christian Unity The Church of South India (United). We Pray for the Anglican Diocese of Jerusalem and the Middle East; covering the areas of Israel, Palestine, Syria, Jordan and Lebanon, we pray for her people and clergy and their Archbishop Hosam.
- ✠ **In the Anglican Church in Canada:** ACC Our Primate Linda Nicholls, The Rev. Dr. Eileen Scully, Director, and the staff of Faith, Worship, and Ministry; ELCIC Bishop Michael Pryse, the people and rostered ministers of the Eastern Synod; TOGETHER The Week of Prayer for Christian Unity and the ecumenical work and witness of our churches. **In the Diocese of New Westminster:** Bishop John, St. Agnes, North Vancouver - St. Paul, Vancouver - St. Titus, Oakridge -St. Timothy, Brentwood.
- ✠ **For St. Alban's:** we pray for all those who take leadership in our parish, we pray for our Clergy Liz, Bill and Kathy. We pray for our Outreach ministry and all those who organize, volunteer and access our services. We pray for the \*360 Ministry (Chinese Language Ministry) and the continued growth and energy they bring. We pray for everyone who calls this place their home, near and far, known and unknown. May we all bring your light to the world.
- ✠ **For the Sick and Suffering:** + Fay Leung, June Svensson, Anthony Larson, Bernadette Seow, Sandra Thorp, Corie, Dong Sheng Jin, Anne Denis, Lenore Clemens, James Carter, Jack, Reverend Jim Fergusson, June, Karen Monique, Archdeacon Philippa, Mother Vivian Lam and Angela Appleton.
- ✠ **For all those who we love but see no longer:** + We pray for all those we love but see no longer (*remembering especially*). Rest eternal grant unto them O lord, and let light perpetual shine upon them, may they be received in God's loving arms and may all those who have died rest in peace and rise in glory.



## Vestry Notes

Our annual Vestry meeting will be held in February 2024, it's that time of year again that I ask all heads of each Ministry and board members [to send their reports into Jennifer's office via email for my year-end report by January 31<sup>st</sup>, 2024](#). Thank you!!!!

### Board Reports - Due by Jan 31<sup>st</sup>, 2024

- Vicar's Report
- Music Report
- Properties and Gardens and Rentals

### Reports from Ministry Areas - Due by Jan 31<sup>st</sup>, 2024

- Hospitality Group
- Altar Guild
- Library Report
- The Community Meal at St. Alban's
- Friday Lunch, Sunday Outreach
- Weds Hamper Program

### Financial Reports

- Envelope Secretary - Due by Jan 31<sup>st</sup>, 2024
- 2023 Financial Statements (unaudited)  
2024 Budget



**Liturgy Meeting Sunday January 28<sup>th</sup>**  
after the 10:00 am service

**Please join us to discuss Liturgy for Lent and 2024**

### **Coldest Night of the Year**

**It's cold out there.** And on February 24, 360 Community is going to do something about it. We're joining thousands of Canadians in walking and fundraising to support people and families struggling with hurt, hunger, and homelessness in our community. To know more about the walk, sponsor us and join our team, please visit [walk.w-ith.me/360c](https://walk.w-ith.me/360c)

### Staff Office hours:

**Jennifer** – Tues & Thurs work from home.

**Wed's and Fri in the office 9am -12pm.**

**Elizabeth** – **Office Day Fridays** - Tuesday & Wednesday offsite but please email or call.

Please email:

- Reverend Elizabeth Ruder-Celiz-Vicar [erceliz@vst.edu](mailto:erceliz@vst.edu)
- Reverend Bill Mok- Honourary Assistant,  
And Missioner of Chinese Language Ministry [email@frbillmok.ca](mailto:email@frbillmok.ca)
- Jennifer Kirk- Office Administrator [office@stalbansrichmond.org](mailto:office@stalbansrichmond.org)
- Larry Scherban – Vicar's Warden [larry@cameraonephoto.com](mailto:larry@cameraonephoto.com)
- Sue Robertson – People's Warden [susanne.m.robertson@gmail.com](mailto:susanne.m.robertson@gmail.com)
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- Thelma O'Keeffe – Envelope Secretary [stanokee@telus.net](mailto:stanokee@telus.net)
- Sandy Scherban – Treasurer [sandy\\_scherban@shaw.com](mailto:sandy_scherban@shaw.com)

### *Ministering Through the Liturgy*

*Celebrant & Preacher:* Reverend Elizabeth Ruder-Celiz

*Altar Guild:* Stephanie Christie

*Reader:* Sandy Scherban

*Sidesperson:* Larry Scherban

*Communion Administrator:* Sandy Scherban

*Flowers:* The flowers in the sanctuary are given to the Glory of God.

*Credit:* ost.edu